

Regain your Independence and reach your full potential.

- Triennial License—Virginia Department of Behavior Health and Developmental Services
- NAMI affiliate
- Accepts Medicaid
- No fees based on eligibility.

Our vision is to set the highest standard for behavioral health services within the community and to always go the extra mile to meet the needs of the individuals we serve. We are committed to the following core values at every level of care:

Passion

Integrity

Advocacy

Care

Excellence

We provides services regardless of an individual's race, sexual orientation, religious creed, competency, disability, or origin.

Community Intervention Associates, LLC

4906 Cutshaw Ave, Suite 201; Richmond, VA 23230

PLACE
STAMP
HERE

The logo for mindSet features a stylized green leaf icon to the left of the word "mindSet". "mind" is written in a purple, lowercase, serif font, and "Set" is written in a green, lowercase, serif font.

A program of Community Intervention Associates, LLC



www.mindsetva.com



Mental Health Skill-Building

MHSS provides training and reinforcement of functional skills. We serve individuals 18 years old and older. We encourage and support independence at home and in the community. We provide on-going support and guidance through an individualized service plan. Qualified mental health professionals visit several times per week.

Eligibility Requirements:

- Individuals with a qualifying mental health diagnosis.
- History of at least one psychiatric hospitalization, crisis stabilization, TDO, PACT/ICT history, or other higher level of care.
- A prescription in the past year for an antidepressant, mood stabilizer, or antipsychotic.

Intensive In-Home

IIH services are time-limited home and community based interventions for youth under 21. Services are designed to specifically improve family dynamics, provide modeling, and clinical interventions that increase functional and therapeutic interpersonal relations between family members in the home. IIH services are designed to promote psychoeducational benefits keep the child/adolescent with the family.

Eligibility Requirements:

- Child/adolescent at risk of being moved into an out-of-home placement.
- Child/adolescent who is being transitioned to home from an out-of-home placement due to a documented clinical need.
- At least one parent, legal guardian, or responsible adult living in the home must be willing to participate in services.



"My client has worked with lots of agencies unsuccessfully, but with your agency she is making lots of progress. Thank you." — Referring Social Worker

Outpatient Services

Office-based counseling services help adults and children deal with life's challenges.

Our licensed therapists provide a wide range of services for individuals, couples, families, and groups:

- Diagnostic Evaluation
- Psychological Testing
- Individual, Family, or Group Therapy
- Bridge Visit (Transition from Inpatient)
- Family Consultation
- Case Consultation

We accept most major insurance plans.

Locations

Richmond Office
4906 Cutshaw Ave, Suite 105
Richmond, VA 23230

Tidewater Office
816 Greenbrier Cir, Suite 209
Chesapeake, VA 23320

(844) 675-4343—Toll-free
mindset@communityintervention.net